| Title | Study guide for Bachelor in Psychology B06/SFK06, Medical Psychology, including methods 5 |
|---------------------------|--|
| Module administrators | Prof. Frans Pouwer & PhD student Nanna Lindekilde |
| Study adm. coordinator | Educational secretary Charlotte Dickmeiss |
| Date | 29.10.2018 |

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1. About the study guide

Purpose of this study guide

The study guide provides you with details of a specific module in your education, e.g. it describes what prerequisites you are expected fulfil, teaching and assignments and finally what the goal of the module is and what is expected of you in the exam.

The study guide also helps you find the resources required for the module including recommended and optional literature. Finally, it contains all the practical information you will need to complete the course.

Structure of this study guide

The study guide describes your activities in each week during the course.

For each week the following is stated:

- 1. Lectures in the week with a brief description of the content of each lecture, location, time etc.
- 2. Group teaching and / or group work in the week together with a description of possible extra material on e-learn.
- 3. Literature for each lecture in the week.
- 4. Any homework in the separate activities in the week.

2. About the module

Module administrators

Professor Frans Pouwer Department of Psychology, SDU E-mail: fpouwer@health.sdu.dk

PhD student Nanna Lindekilde Department of Psychology, SDU E-mail: nlindekilde@health.sdu.dk

Study administrative coordinator

Charlotte Dickmeiss, Phone: 6550 3432

E-mail: cdickmeiss@health.sdu.dk

Teachers

In this module you will meet the following teachers:

Professor Frans Pouwer, Department of Psychology, University of Southern Denmark (module administrator)

PhD student Nanna Lindekilde, Department of Psychology, University of Southern Denmark (module administrator)

External Associate professor Colin Feltham, Department of Psychology, University of Southern Denmark, Emeritus Professor

Associate professor Tonny Elmose Andersen, Department of Psychology, University of Southern Denmark

Assistant professor Nina Rottmann, Department of Psychology, University of Southern Denmark

Associate professor Esben Nedenskov Petersen, Institut for Kulturvidenskaber og Filosofi, Syddansk Universitet

PhD-student, Julie Christiansen, Department of Psychology, University of Southern Denmark

PhD-student, Nanna Bjerg Eskildsen, Department of Psychology, University of Southern Denmark

PhD-student, Sarah Bøgelund Dokkedahl, Department of Psychology, University of Southern Denmark

Guest lecturer: Professor Susanne S. Pedersen, Department of Psychology, University of Southern Denmark

Guest lecturer: Associate professor Anna Thit Johnson, Department of Psychology, University of Southern Denmark

Guest lecturer: Julie Drotner Mouritsen, Medical Psychologist, Endokrinologisk Afdeling M og Reumatologisk Afdeling C, Odense University Hospital

Guest lecturer: Alison Henriksen, Medical Psychologist, H.C. Andersen Hospital for Children, Odense University Hospital

Module duration

The module starts in week 45 and ends in week 51. The written assignment has to handed in no later than Monday 14th of January 2019 at 12.00. Link for upload will available at the course module on e-learn.

Prerequisites

None

Background, aims and content

Approximately 1.500.000 Danes live with one of more chronic diseases. This is important from several clinical perspectives. In medical care, psychologists can play an important role in the prevention and adequate management of different diseases. They can support patients and their family members in clinical care settings and help them to cope after the diagnosis of a severe disease, they can also treat co-morbid emotional problems and help to adequately manage the disease.

The above is also important from a scientific perspective. Psychological/behavioural factors such as for example "personality", "stress", "depression", "lack of social support", "resilience", "coping skills", "eating behaviours", "smoking behaviours", "physical activity", "sleeping behaviours" can impact the development, progression and management of many diseases such as diabetes, cardiovascular disease, rheumatoid arthritis, lung diseases such as asthma or COPD. These factors are studied by researchers who work in the field of "health psychology" or "medical psychology", two overlapping fields. In the past decades, successful psychological interventions have also been developed to help people with a (chronic) disease. More and more, medical psychologists are employed in outpatient clinics and in primary care settings, where they closely collaborate with physicians and nurses to optimise treatment outcomes.

This interdisciplinary course will focus on health psychology from different angles: each week there will be a new theme for the module. The themes will cover both health psychology as well as qualitative methodology. For example, the historical and philosophical background for the subject of health psychology will be described and a broad insight into basic theories about the relationship between man and health, especially humanistic and existential psychology, is given. Basic theories about health and illness, as well as the bio-psychosocial framework of understanding, are reviewed. Furthermore, the students will acquire basic knowledge about the pathophysiology and treatment of the most common chronic diseases. In the present module, they will also acquire a basic understanding of how qualitative research methodology can be used by health psychologists or medical psychologist. Students will also learn about the importance of the critical thinking in medical and health psychology, different examples of "bad science" will be discussed. Students will acquire more information about the work of a medical psychologist/health psychologist in a clinical setting.

3. Study Programme and aims for the module

Descriptions of subject-specific aims and objectives

See section §4.6 in the "Studieordning for Bacheloruddannelsen i Psykologi"; "Module PSY B06 inkl. M5" OR section §4.2 in the "Studieordning for Kandidat sidefag i Psykologi"; "Module PSY-SF-K06 inkl. M5" for elaboration of the subject-specific aims and objectives for the module.

Descriptions of general aims and objectives

See section §1.4 in the "Studieordning for Bacheloruddannelsen i Psykologi"; "Kompetenceprofil" OR section §1.4 in the "Studieordning for Kandidat sidefag i Psykologi"; "Kompetenceprofil" for an elaboration of the general aims and objectives for the Bachelor's degree / 'Sidefag' in Psychology.

4. Teaching activities

| Teaching type: | Lessons: |
|----------------------------------|----------|
| Lecture | 73 |
| Other teaching activities (case) | 6 |
| Total: | 79 |

Skemalink: https://mitsdu.sdu.dk/skema/activity/3210801/e18

Af pædagogiske hensyn til både undervisningens anvendte materialer og form herunder bl.a. aktiviteter, må undervisningen ikke optages på hverken lyd og/eller billede medmindre den pågældende underviser samt alle tilstedeværende studerende giver tilladelse her til. Såfremt den studerende får lov at optage undervisningen, skal det understreges, at dette udelukkende er til eget brug og optagelsen destrueres efter

det pågældende moduls afslutning (medmindre andet er eksplicit aftalt med underviser og tilstedeværende studerende). I særlige tilfælde kan der søges dispensation for dette ved studienævnet, men igen vil der udelukkende være tale om, at optagelsen må anvendes til eget brug og udelukkende i relation til det specifikke modul.

5. Teaching plan

| Week 45 Theme: Medical psychology: an introduction | | |
|--|---|---------|
| 1. lecture | Introduction of B06: | Lecture |
| Tuesday 6.11.2018 | 1) the academic and clinical field of medical and | |
| 12.15-15.00 | health psychology 2) the value of the scientist- | |
| | practitioner approach and 3) explanation of the | |
| U140 | module B06 | |
| | | |
| | Teacher: Frans Pouwer | |
| 2. lecture | Basic biomedical knowledge about the most | Lecture |
| Wednesday 7.11.2018 | common chronic disorders: | |
| 9.15-12.00 | Basic medical knowledge for psychologists – | |
| U140 | diabetes, cardiovascular diseases, cancer and | |
| | HIV | |
| | | |
| | Teacher: Frans Pouwer. Guest lecturers: | |
| | Susanne S. Pedersen and Anna T. Johnson | |
| 3. lecture | Psychosomatic models: | Lecture |
| Thursday 8.11.2018 | An exposition of selected psychosomatic | |
| 9.15-12.00 | models which are often used to explain | |
| U140 | behavior and behavior changes | |
| | | |
| | Teacher: Nanna Lindekilde | |
| 4. lecture | Stress and loneliness: their role in mental | Lecture |
| Friday 9.11.2018 | health problems and somatic diseases | |
| 9.15-12.00 | An introduction to stress, loneliness and the | |
| U140 | complex relation to somatic diseases | |
| | · | |
| | Teacher: Julie Christiansen | |
| | | |
| Week 46 Theme: Philosop | hy & counselling models | |
| 5. lecture | Historical and theoretical context of B06: | Lecture |
| Tuesday 13.11.2018 | Placing psychology in evolutionary, historical & | |
| 13.15-16.00 | theoretical context. Clarification of terminology | |
| U140 | used. Central human concerns (1): freedom & | |
| | determinism; mind-body problem; individual & | |
| | society. | |
| | , | |
| | Teacher: Colin Feltham | |
| 6. lecture | Clinical practice: | Lecture |
| Wednesday 14.11.2018 | Central human concerns (2): happiness & | |
| 12.15-15.00 | suffering; life & death; meaning & | |
| U140 | meaninglessness. | |
| | Relevance to counselling psychology. | |
| | 0,57,500 | |
| | Teacher: Colin Feltham | |
| 1 | | l |

| 7. lecture Thursday 15.11.2018 11.15-14.00 | Clinical practice: Existential philosophy & psychology/group psychology, Irvin Yalom. | Lecture Experiential exercise |
|---|--|----------------------------------|
| U1 | | |
| | Teacher: Colin Feltham | |
| 8. lecture Friday 16.11.2018 9.15-12.00 U140 | Clinical practice: Therapeutic relationship factors; Clarkson's framework; client views on counselling, including problems. Counselling psychology in practice: human potential; respect for autonomy; egalitarianism and its nuances. | Lecture |
| | Teacher: Colin Feltham | |
| | reacher: Colin Feitham | |
| | psychology and counselling: excercises | |
| 9. lecture | Clinical practice: | Lecture |
| Tuesday 20.11.2018 | The humanistic paradigm; origins; assumptions, | Demonstration |
| 14.15-17.00 | key principles; nature of distress; practitioner | |
| U140 | role; counselling attitudes and skills. | |
| | Teacher: Colin Feltham | |
| 10. lecture | Clinical practice: | Lecture |
| Wednesday 21.11.2018 | The psychodynamic paradigm; origins; | |
| 8.15-11.00 | assumptions, key principles; nature of distress; | |
| U140 | recent developments. | |
| | Taraka Calla Fallika a | |
| 11. lecture | Teacher: Colin Feltham Clinical practice: | Lecture |
| Thursday 22.11.2018 | Integration, eclecticism and pluralism; | Discussion |
| 9.15-12.00 | challenges in epistemology and practice. | Discussion |
| U1 | changing and processes, and processes | |
| | Teacher: Colin Feltham | |
| 12. lecture | Science and clinical practice: | Lecture |
| Friday 23.11.2018 | Critique of therapies: Critique of therapies: | |
| 9.15-12.00 | comparing & evaluating approaches; examining | |
| U140 | theoretical splits; CBT and humanistic | |
| | therapies; similarities & differences; underlying | |
| | philosophies. | |
| | Teacher: Colin Feltham | |
| Wook 49 Thomas Basasses | h skills and theory of science | |
| 13. lecture | h skills and theory of science Qualitative research methods | Lecture |
| Tuesday 27.11.2018 | General introduction to qualitative research | Group work |
| 14.15-17.00 | methods; interviews as research method | Discussion |
| U140 | | |
| | Teacher: Nina Rottmann | |
| 14. lecture | Scientific qualitative research: | Lecture |
| Wednesday 28.11.2018 | a description of scientific norms, ethics and | |
| 9.15-12.00 | data protection in relation to qualitative | |
| U140 | research | |
| | Teacher: Esben Nedenskov Petersen | |

| 15. lecture | Research skills: | Lecture |
|---------------------------|--|-------------|
| Thursday 29.11.2018 | Qualitative research skills (with a focus on | Group work |
| 9.15-12.00 | interviewing techniques) | Discussion |
| U1 | meet viewing teetimiques, | |
| | Teacher: Nina Rottmann | |
| 1. Teaching in groups | Group work – practice hours | Groupwork |
| Friday 30.11.2018 | Croup work produce nound | G. Gap Work |
| 9.15-12.00 | Teacher A: Frans Pouwer | |
| Team A: U141 | Teacher B: Nanna Lindekilde | |
| Team B: U26 | Teacher C: Nina Rottmann | |
| Team C: U44 | Teacher D: Sarah Bøgelund Dokkedahl | |
| Team D: U92 | reaction by barain bygetaina betite admi | |
| 16. lecture | Description of oral presentations and | Lecture |
| Friday 30.11.2018 | assignments | Lecture |
| 12.15-13.00 | A short presentation of the purpose of the oral | |
| U140 | presentations that the students will give Friday | |
| 0140 | the 7 th of December. Likewise, a presentation of | |
| | the assignment the students must hand in in | |
| | January. | |
| | January. | |
| | Teacher: Frans Pouwer and Nanna Lindekilde | |
| | reaction. Trails rouwer and Walling Emacking | <u> </u> |
| Week 49 Theme: Specific I | nealth problems and other diseases | |
| 17. lecture | Placebo and nocebo effects | Lecture |
| Tuesday 4.12.2018 | A presentation and discussion of the role of | |
| 11.15-14.00 | placebo and nocebo effects when treating | |
| U1 | patients. | |
| | | |
| | Teacher: Tonny Elmose Andersen | |
| 18. lecture | Health psychology: Food, eating and obesity | Lecture |
| Wednesday 5.12.2018 | Obesity associated with illnesses and deaths; a | |
| 9.15-12.00 | discussion of the obesity pandemic | |
| U140 | | |
| | Teacher: Frans Pouwer | |
| 2. Teaching in groups | Group work (presentations by student-groups, | Groupwork |
| Friday 7.12.2018 | see slides lecture 1 30-NOV-2018): | |
| 9.15-12.00 | | |
| Team A: U141 | Teacher A: Nanna Eskildsen | |
| Team B: U26 | Teacher B: Julie Christiansen | |
| Team C: U44 | Teacher C: Nanna Lindekilde | |
| Team D: U92 | Teacher D: Frans Pouwer | |
| | | |
| | ral changes & communication | T |
| 19. lecture | Health promotion and increasing adherence | Lecture |
| Wednesday 12.12.2018 | An introduction to health promotion and | |
| 9.15-12.00 | increasing adherence | |
| U140 | | |
| | Teacher: Frans Pouwer | |
| 20. lecture | Alcohol abuse and motivational interviewing | Lecture |
| Thursday 13.12.2018 | Introduction to alcohol abuse, consequences | Group work |
| 9.15-12.00 | and the motivational interviewing techniques | |
| U140 | and the use in the clinical practice | |
| | Teacher: Frans Pouwer | |

| 21. lecture | Information, communication, health literacy | Lecture |
|-------------------------|---|------------------------------|
| Friday 14.12.2018 | and illness representations | Group work |
| 12.15-15.00 | Presentation and discussion of the | Discussion |
| U140 | communication between patient and health | |
| | care provider | |
| | | |
| | Teacher: Frans Pouwer | |
| March 54 Theory 5 and a | | |
| • | ces as a medical psychology | Ι |
| 22. lecture | Clinical practice: | Lecture |
| Tuesday 18.12.2018 | Working as a medical psychologist in an | |
| 10.15-13.00 | outpatient clinic (Odense University Hospital) | |
| U140 | | |
| | Teacher: Frans Pouwer (guest lecturer: Julie | |
| | Drotner Mouritsen, medical psychologist, Dept | |
| 22 1 1 | Endocrinology, OUH) | |
| 23. lecture | Clinical practice: | Lecture |
| Wednesday 19.12.2018 | Medical psychology in a pediatric hospital | Discussion of case study (to |
| 12.15-15.00 | setting (child medical care). | be sent out earlier) |
| U140 | Toochory Franc Douwer (quest lecturer Alicen | |
| | Teacher: Frans Pouwer (guest lecturer Alison Henriksen, Medical Psychologist) | |
| 24. lecture | Critical thinking in science: | Lecture |
| Thursday 20.12.2018 | A discussion of the important role of critical | Discussion |
| 9.15-12.00 | thinking in science. and presentation of how to | Discussion |
| U140 | stay up to date and critically appraise the | |
| 0140 | literature? | |
| | | |
| | Teacher: Frans Pouwer | |
| 25. lecture | Evaluation and Q&A about the course and the | Lecture |
| Friday 21.12.2018 | assignment | Discussion |
| 9.15-12.00 | | |
| U140 | Teacher: Frans Pouwer | |

First week of the module (week 45)

Tuesday November 6 12.15-15.00, room U140

Introduction of B06 Teacher: Frans Pouwer

Literature:

Marks, Murray, & Estacio (2018). *Health Psychology. Theory, Research & Practice* (5th ED.) SAGE, Chapter 1; Health psychology: an introduction, chapter 2; The nervous, endocrine and immune systems and the principle of homeostasis and chapter 3; Genetics, epigenetics and early life development.

Wednesday November 7, 9.15-12.00, room U140

Basic biomedical knowledge about the most common chronic disorders

Teacher: Frans Pouwer. Guest lecturers: Susanne S. Pedersen and Anna T. Johnson

Literature:

Marks, Murray, & Estacio (2018). *Health Psychology. Theory, Research & Practice* (5th ED.) SAGE, chapter 21; Cancer, chapter 22; Coronary heart disease and chapter 24; Long-term conditions: diabetes and ME/CFS.

Thursday November 8, 9.15-12.00, room U140

Psychosomatic models Teacher: Nanna Lindekilde

Literature:

Marks, Murray, & Estacio (2018). *Health Psychology. Theory, Research & Practice* (5th ED.) SAGE, Chapter 8; Theories, models and interventions.

Leventhal, Philips, & Burns (2016). The common-sense model of self-regulation (CSM): a dynamic framework for understanding illness self-management. *Journal of Behavioral Medicine*, 39 (6), 935-946.

Friday November 9, 9.15-12.00, room U140

Stress and loneliness: their role in mental health problems and somatic diseases

Teacher: Julie Christiansen

Literature:

Hawkley, & Cacioppo (2010). Loneliness matters: A theoretical and empirical review of consequences and mechanisms. *ann. behav. med.* 40, 218-227.

Heinrich & Gullone. (2006). The clinical significance of loneliness: A literature review. *Clinical Psychology Review*, 26, 695-718.

Second week of the module (week 46)

Tuesday November 13, 13:15-16.00, U140

Historical and theoretical context of B06

Teacher: Colin Feltham

Literature:

Harris, S. (2012) Free Will. (approx. 70pp)

Wednesday November 14, 12.15-15.00, room U140

Central human concerns Teacher: Colin Feltham

Literature:

Marks, Murray, & Estacio (2018). Health Psychology. Theory, Research & Practice (5th ED.) SAGE, chapter 25;

End of life Care

Thursday November 15, 11.15-14.00, room U1

Existential philosophy and psychology; group psychotherapy, Irwin Yalom.

Teacher: Colin Feltham

Literature:

Feltham, Hanley & Winter (2017), pp 269-273.

Friday November 16, 9.15-12.00, U140

Therapeutic relationship factors

Teacher: Colin Feltham

Literature:

Feltham et al. (2017) pp 66-71, and 149-153.

Third week of the module (week 47)

Tuesday November 20 14.15-17.00, room U140

The humanistic paradigm Teacher: Colin Feltham

Literature:

Feltham et al. (2017), pp 257-296.

Wednesday November 21 8.15-11.00, room U140

The psychodynamic paradigm

Teacher: Colin Feltham

Literature:

Feltham et al. (2017) pp 180-216.

Thursday November 22, 9:15-12:00 U1

Integration, eclecticism and pluralism

Teacher: Colin Feltham

Literature:

Feltham et al. (2017) 319-360.

Friday November 23, 9.15-12.00 U140

Critique of therapies Teacher: Colin Feltham

Literature:

Feltham, C. (2017). The past and future of Humanistic Psychology. In R. House, D. Kalisch & J. Maidman (Eds) Humanistic Psychology: Current Trends and Future Prospects. London: Routledge.

Fourth week of the module (week 48)

Tuesday November 27, 14:15-17:00 Room U140

Qualitative research methods: General introduction to qualitative research methods; interviews as research method

Teacher: Nina Rottmann

Literature:

Brinkmann, S. & Tanggaard, L. (2015). Introduktion s. 13-24, Kap. 1, s. 29-54. og kap. 6, s. 137-152, kap. 11 s. 217-240 og kap. 27 s. 551-560.

Kvale, S. & Brinkmann, S. (2015). Kap. 1 s. 19-42, Kap. 6-10 s. 149-248.

Materiale som skal være tilgængelig i undervisningen (elektronisk eller print) men ikke nødvendigvis læses inden.

Clark, J. (2003).

Mclean, M., Cleland, J. A., Worrell, M. & Vögele, C. (2011)

Loaring, J. M., Larkin, M., Shaw, R., & Flowers, P. (2015).

Supplerende litteratur:

Hoffmann, T. (2013)

Tong, A., Sainsbury, P. & Craig, J. (2007)

Wednesday November 28, 9:15-12:00, room U140

Scientific qualitative research: a description of scientific norms, ethics and data protection in relation to qualitative research

Teacher: Esben Nedenskov Petersen

Literature:

Petersen & Schaffalitzky de Muckadell (2014) Videnskabsteori - Lærebog for sundhedsprofessionelle, København: Gads forlag, kap. 3-5 + 7.

Thursday November 29, 9:15-12:00 room U1

Research skills: Qualitative research skills (with a focus on interviewing techniques)

Teacher: Nina Rottmann

Literature:

Brinkmann, S. & Tanggaard, L. (2015). Kap. 25, s. 521-532 og kap. 28 s. 561-574.

Kvale, S. & Brinkmann, S. (2015). Kap. 11-12 s. 249-284 og kap 15 s. 313-338

Malterud, K. (2001)

Reid, K., Flowers, P., & Larkin, M. (2005).

Braun, V. & Clarke, V. (2006)

Materiale som skal være tilgængelig i undervisningen (elektronisk eller print) men ikke nødvendigvis læses inden:

Clark, J. (2003).

Mclean, M., Cleland, J. A., Worrell, M. & Vögele, C. (2011)

Loaring, J. M., Larkin, M., Shaw, R., & Flowers, P. (2015).

Friday November 30, 9.15-12.00, (see room below)

Working groups on interviewing/practical application

Team A: room U141 (Teacher: Frans Pouwer)
Team B: room U26 (Teacher: Nanna Lindekilde)
Team C: room U44 (Teacher: Nina Rottmann)

Team D: room U92 (Teacher: Sarah Bøgelund Dokkedahl)

Literature:

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Friday November 30, 12:15-13:00, room U140

Description of oral presentations and assignments Teacher: Frans Pouwer and Nanna Lindekilde

Literature:

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Fifth week of the module (week 49)

Tuesday December 4, 11.15-14.00, room U1

Placebo and nocebo effects

Teacher: Tonny Elmose Andersen

Literature:

Rossettini, G., Carlino, E., & Testa, M. (2018). Clinical relevance of contextual factors as triggers of placebo and nocebo effects in musculoskeletal pain. *BMC. Musculoskeletal Disorders*, 19:27.

Vase, L. (2009). Placebo – hvad er det, og hvordan virker det? Fysioterapeuten, 16, s 8-14.

Wednesday December 5, 9:15-12:00 room U140

Health psychology: Food, eating and obesity

Teacher: Frans Pouwer

Literature:

Marks, Murray, & Estacio (2018). *Health Psychology. Theory, Research & Practice* (5th ED.) SAGE, chapter 10; Food, diet and obesity

Friday December 7, 9:15-12:00, (see room below)

Group presentations by students

Team A: room U141 (Teacher Nanna Eskildsen) Team B: room U26 (Teacher: Julie Christiansen) Team C: room U44 (Teacher: Nanna Lindekilde) Team D: room U92 (Teacher: Frans Pouwer)

Literature:

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Sixth week of the module (week 50)

Wednesday December 12, 9:15-12:00 room U140

Health promotion and increasing adherence

Teacher: Frans Pouwer

Literature:

Marks, Murray, & Estacio (2018). *Health Psychology. Theory, Research & Practice* (5th ED.) SAGE, chapter 8; Theories, models and interventions and chapter 19; Medicine taking: adherence and resistance.

Thursday December 13, 9:15-12:00, room U140

Alcohol abuse and motivational interviewing

Teacher: Frans Pouwer

Literature:

Marks, Murray, & Estacio (2018). *Health Psychology. Theory, Research & Practice* (5th ED.) SAGE, chapter 11; Alcohol and drinking.

Latchford, G. (2010). A brief guide to motivational interviewing. Year 3 motivational interviewing workshop; Leeds. available here:

file:///M:/ Diabetes/Teaching/B06 2018/Latchford,%20G.%202010%20Motivational Interviewing brief g uide.pdf

Friday December 14, 12:15-15:00, room U140

Information, communication, health literacy and illness representations

Teacher: Frans Pouwer

Literature:

Marks, Murray, & Estacio (2018). *Health Psychology. Theory, Research & Practice* (5th ED.) SAGE, chapter 14; Information, communication and health literacy and 15; Lay representation of health and illness.

Module-week number 7 (week 51)

Tuesday December 18, 9:15-12:00, room U140

Working as a medical psychologist in an outpatient clinic (Odense University Hospital)

Teacher: Frans Pouwer (guest lecturer: Julie Drotner Mouritsen, medical psychologist, Department of Endocrinology, OUH)

Literature:

Marks, Murray, & Estacio (2018). *Health Psychology. Theory, Research & Practice* (5th ED.) SAGE, chapter 14; Information, communication and health literacy and 19; Medicine taking: adherence and resistance.

Hunter, C. M. (2016). Understanding diabetes and the role of psychology in its prevention and treatment. *American Psychologist*, 7 (7), 515-525.

Wednesday December 19, 12.15-15.00, room U140

Medical psychology in a pediatric outpatient setting (child medical care)

Teacher: Frans Pouwer (guest lecturer: Alison Henriksen, Medical Psychologist)

Literature:

Delamater, A. M., de Wit, M., McDarby, V., Malik J., & Acerini, C. L. (2014). Psychological care of children and adolescents with type 1 diabetes. *Pediatric Diabetes*, *15*; 232-244.

Thursday December 20, 9:15-12:00, room U140

Critical thinking in science Teacher: Frans Pouwer.

Literature:

Ben Goldacre (2008). Bad Science., Harpercollins Publishers, ISBN13: 9780007283194

Friday December 21, 9.15-12.00, room U140

Evaluation and Q&A Teacher: Frans Pouwer

Literature:

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6. Exam

Form:

Written assignment (15 ECTS).

The assignment must be handed in no later than Monday 14th January 2019 at 12.00.

The assignment must be written in English.

Evaluation: Internal, Danish 7-step grading scale.

Marking:

From September 1st 2007 marking is done in agreement with the Danish 7-step scale.

Excerpt from the mark declaration can be found here (in Danish):

https://www.retsinformation.dk/Forms/R0710.aspx?id=29307

7. Reexam

Reexam will be conducted in June and will be coordinated with other exams.

The form of the reexam will be the same as the ordinary exam.

8. Literature

Students are recommended to buy four books:

Marks, D. F., Murray, M., & Estacio, E. V. (2018). *Health Psychology: Theory, Research & Practice.* (5ed) SAGE. ISBN: 9781526408242

Feltham, C., Hanley, T. & Winter, L. (Eds) (2017). *The Sage Handbook of Counselling and Psychotherapy*, 4th edn. London: Sage. ISBN 978-1-4739-5331-4

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9. Module evaluation

All modules on the bachelor in psychology get continuously evaluated. The evaluation is anonymous and not mandatory but we strongly recommend all students to take part in this work. The purpose of the evaluation is to improve the education quality and the education will among other things be adjusted according to these evaluations.

Appendiks 1 Specific information regarding purchasing of books

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Homepage: http://www.boghandel.sdu.dk

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