# **Biological and Chronological Age**

**Group:** Max Planck Odense Center on the Biodemography of Aging **Supervisor:** Ulrich Steiner **Bachelor:** x **Master Thesis:** x **Individual Study Activity:** x

Link: ageguess.org

Life expectancy in humans has risen by one year every four years over the last one and a half century. This extraordinary rise confronts us with numerous societal and scientific challenges. We do not understand well what influences this increased life expectancy. Are we simply aging slower, are we starting to age later, do we add more years at the end of our lives? By investigating the biological age using a biomarker (how old one looks) and comparing it to the chronological age we aim at these questions. The data is collected within a citizen science project and is waiting for you to be analysed.



Guess my age?

0 24

3444

### Welcome to AgeGuess!

A citizen science project on human biological and chronological age.

Do I look much older than I am?

AgeGuess

Wow, that person looks really young, what is their real age?

You have wondered before, now you can get some answers!

#### What is AgeGuess?

AgeGuess is a simple on-line game in which you can post your photos, have other people guess your age, as well as guess the age of other users.



#### Do it for science!

AgeGuess is based on your participation. It relies on the users, the players, the citizen scientists. Spend time guessing. Upload photos. Guess some more.

Learn more

## The science behind AgeGuess

AgeGuess investigates the differences between perceived age (how old you look) and chronological age (your age) as a potential aging biomarker.



#### Rules of AgeGuess

We display photos without any transfer of copyright and keep all information confidential. By guessing you will earn points and compete with other users.

Learn mo

#### The AgeGuess team

What is aging?

increases with time.

Simply put, aging is the process of getting

is deleterious and the likelihood to die

old, with death being its final outcome. Aging

We are UII Steiner and Dusan Misevic, two research scientists at the Max-Planck Odense Center on the Biodemography of Aging, Biology department of the SDU, and the Center for Research and Interdisciplinarity in Paris, of the INSERM Unit 1001.

